

Converting Units

Accelerated 7th Grade Math

Name: _____

Customary Units

1 ft = 12 in
1 yd = 3 ft
1 mi = 5,280 ft

1 cup = 8 fl oz
1 pt = 2 cup
1 qt = 2 pt
1 gal = 4 qt

1 lb = 16 oz
1 ton = 2,000 lb

Metric Units

1 m = 100 cm
1 km = 1,000 m

1 liter = 1,000 mL

1 kg = 1,000 grams

Customary/Metric

1 in = 2.54 cm
1 mi = 1.6093 km

1 gal = 3.79 liters

1 lb = 0.45 kg

Directions: Use the information above to convert each of the following measurements.

1. 48 in = _____ ft

2. 12.3 km = _____ m

3. 30 cm = _____ in

4. 47 oz = _____ cups

5. 25 in = _____ cm

6. 5.3 mi = _____ ft

7. 5,261 mL = _____ liters

8. 7,834 ft = _____ mi

9. 10 liters = _____ gal

10. 90 lb = _____ kg

11. 46 oz = _____ lb

12. 80 km = _____ mi

Tough Conversions!

Accelerated 7th Grade Math

Name: _____

Use the tables below to convert each of the following measurements.

Customary Units

1 ft = 12 in
1 yd = 3 ft
1 mi = 5,280 ft

1 cup = 8 fl oz
1 pt = 2 cup
1 qt = 2 pt
1 gal = 4 qt

1 lb = 16 oz
1 ton = 2,000 lb

Metric Units

1 m = 100 cm
1 km = 1,000 m

1 liter = 1,000 mL

1 kg = 1,000 grams

Customary/Metric

1 in = 2.54 cm
1 mi = 1.6093 km

1 gal = 3.79 liters

1 lb = 0.45 kg

1. 7 qt = _____ cups

2. 10 liters = _____ qts

3. 4 days = _____ seconds

4. 4 tons = _____ kg

5. 1.2 mi = _____ cm

6. 17 gal = _____ oz

7. 32 in = _____ m

8. 420 oz = _____ pts

9. $3.2 \text{ km/hr} = \underline{\hspace{2cm}} \text{ cm/min}$

10. $10 \text{ ft/sec} = \underline{\hspace{2cm}} \text{ mi/hr}$

11. Find your mass in grams (start with your weight in pounds).

12. How many cups of water are there in 6 gallons?

13. A typical human weighs 150 pounds and takes in 3,000 calories per day. A typical whale weighs 50 tons and needs 395,000 calories per day. A whale may spend 15 hours a day feeding during the summer season.

a. How many pounds (lbs) does a typical whale weigh? (look at your conversions on the front)

b. Here is a "rate" problem (from last homework):
How many calories / hour does a typical whale take in?

c. Use your above rate and your knowledge of conversions to determine how many calories / second a whale takes in.